



13 Grandmother Moons

INDIGENOUS DIABETES WELLNESS

IN-PERSON FRONTLINE WORKER TRAINING . TWO-DAY COURSE

Training modules include:

- Culturally relevant approaches to diabetes awareness and prevention
- Traditional wellness perspectives
- Best Practices in diabetes wellness education
- “How To” design and deliver a diabetes wellness workshop



Kathleen LaForme
Instructor

Dates: Wednesday, September 23 and Thursday, September 24, 2026

Time: 8:30 a.m. to 4:00 p.m. EDT

Location: 745 Coronation Blvd 102, Cambridge, ON

Registration Link: <https://soadi.wufoo.com/forms/s1tzfadp1oin7l8/>

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Crystal Bomberly
Instructor



Southwest Ontario
Aboriginal Health
Access Centre



Waterloo Wellington
Self-Management Program



WRHN
Waterloo Regional
Health Network

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DIABETES